



Himalayan Salt Therapy

BENEFITS OF A HIMALAYAN SALT STONE WRAP TM

- Very Deep Relaxation
- Reduced Inflammation
- Improved Sleep
- Improved Nervous Disorders
- Improved Sense of Well Being

75 MINUTE SESSION IS \$85.00

HEALING BENEFITS

Himalayan Natural Crystal Salt has been exposed for millions of years to enormous pressure. This pressure was the cause of the formation of this Himalayan Natural Crystal Salt. The higher the compression, the more perfect the crystalline structure, with its inherent information

and energy. These rock crystals have the most perfect geometric structure found. Himalayan Natural Crystal salt floats in transparent, whitish, pinkish or reddish shiny veins in the salt mountain and crystallizes in areas where sufficient pressure was available to form this perfect crystalline structure.

The elements in sea salt are not integrated into the salt's crystal grid, but cling to the outside surface. This is the fundamental difference between sea salt and Himalayan Natural Crystal Salt. A salt crystal manifests a superior structure. Due to this sublime form, the elements are biochemically available for our cells as are the individual frequencies or vibration patterns. Sea salt is an inexpensive alternative to table salt, and is at least a natural and wholesome product. Biochemically and biophysically however, it is of little importance to our organism. We can only receive the resonant effects of the geometrical structure through the superior order or structure of a crystal and our cells can only absorb those elements that occur in an ionic form. Only under considerable pressure can the elements be transformed into a specific size, making them ionic, which enables them to pass through our cell wall.

A great percentage of sea salt today is processed. With the ocean becoming increasingly polluted, this salt is far from ideal. It is composed of irregular and isolated crystalline structures, disconnected from the natural elements surrounding them. Consequently the vital minerals, however many it may contain, cannot be absorbed by the body unless the body expends tremendous energy to vitalize them. The net gain is small with an even greater loss of energy.

Research performed on the Himalayan salt shows that the balanced crystalline structure reveals fine branching with no shadows or rough edges. The crystal is not isolated from the inherent mineral elements (84) but is connected to them in a harmonious state. This tells us that

the energy content, in the form of minerals, is balanced and can be easily metabolized by the body. This crystal is full of life. When taken internally or used externally, it will have a vital energetic effect on the body. The result is a net gain for the body and zero energy loss.

The result of the above research demonstrates how well developed and vital the crystal of the Himalayan Salt is. It actually has life-generating power for the body and for our nervous system.

Salt, for us, is foremost an information carrier and not a spice. For information to be absorbed into our cells, a crystalline structure is superior. Salt is responsible for enabling frequencies to transmit commands to the muscles and organs of our body. Even the simplest processes in our body need salt or its inherent elements in ionized form.

Salt is a core essential nutrient with exceptional abilities and qualities fundamental for keeping us alive. And we can find that which we are lacking, the respective frequency pattern, as well as the necessary biochemical's, in Himalayan crystal salt.

The Himalayas are the world's most tranquil, serene, peaceful and undeveloped region; therefore the salt crystals mined from the foothills of the Himalayas are still pure and untouched by pollution. Tremendous pressure and heat refines the structure of the salt crystals and makes them translucent. When mining the salt at the Himalayas, use of dynamite is strictly prohibited to preserve the structure of the crystals. Mining by hand is painstaking but essential. All Himalayan salt stone massage salt is handpicked with care. Keeping the valuable crystal structure intact.

Himalayan Salt Wrap

In this heavenly treatment the body is stroked with a Himalayan salt stone then a luscious layer of nut and seed oils. Himalayan salt, and lavender oil is applied to the skin. The client is wrapped for 30 minutes while the salt hydrates the skin, digestively exfoliates the skin, balances skin pH, mildly detoxifies the body, sedates the central nervous system and balances the meridians of the entire body.

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