

## Kansa Wand Face Massage ....

**benefits for mind, body, and spirit!**

The Kansa Wand Face Massage reduces stress and provides a gentle face-lifting therapy, using a bronze-capped massage wand and organic natural massage oils.



This massage was created at Diamond Way Ayurveda in San Luis Obispo, CA by Robert and Melanie Saches. It evolved from their success with PediKarma™ Treatment, a massage treatment that uses a larger Kansa Wand for custom foot massage.

The bronze is a sacred metal alloy. Kansa (pronounced cuns) is produced from pure tin and copper. This blend of metals is known in Ayurveda, a traditional healing system in India, as "Healing Metal".

A wooden, hand-carved handle makes using moderate pressure, delicate stroking or rapid friction easy on the face, shoulders, and neck areas.

Organic Jojoba oil, along with essential oils, are used in the massage, which helps the wand to glide carefully over the face, providing a warm, relaxing, and comfortable sensation.

The Kansa Wand provides gentle friction to facial muscles which helps pull acidity from the tissues. In fact, as it is used on the face, oils will often get grey or black if acids are present in the skin.

Another advantage of this treatment is the subtle electrical conductivity of the bronze metal, which may explain how this therapy improves the body's natural electrical balancing system.

Tools like this have been used for centuries in India to enhance health and strength, and to increase energy, and reduce stress. They are believed to be essential to optimal health and well-being.

Other benefits of Kansa Wand Face Massage:

- Revitalizes face, shoulder, and neck muscles
- Gently lifts facial skin
- Reduces face pain, head pain and tension
- Reduces acidity
- Detoxifying
- Unifies body, mind and spirit

Sessions are approximately 15-30 minutes and work is done on the face starting with the forehead, going down the right side, and then up the left side and ending back at the forehead.

Small circular strokes are made, followed by larger circles around the eyes and cheek bones, and long friction strokes are made around the jaw.

30 Minutes - \$35.00    1 Hour that includes a 30 Minute Kansa Wand Face Massage with a 30 minute Amethyst Bio Mat Sound Healing Session \$75.00

Contact Dolores for your session today! 239-826-6960